



# Macon County Public Health

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## Press Release

### August Ladies Night Out

“Live, Love, Bark”

Join us at the upcoming August 28, 2018 Ladies Night Out program “Live, Love, Bark”, the benefits of pet therapy, with special guests Vicki Haller and Isaac. Pet therapy is to help someone recover or cope with a health problem. Isaac, a pet therapy dog, will be in attendance.

We will be taking donations for REACH. Items in need are: shampoo and conditioner, detergent pods, dish soap, wipes and diapers, all-purpose cleaner, trash bags, feminine products, pillows, towels, and reading materials. Monetary donations are also accepted for REACH or Ladies Night Out Gap Funds.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings.

PHOTO CAPTION: Door prize winners for Ladies Night Out and Men’s Night out in July at the 5:30 p.m. meeting were: Mitchell Smith, Charles Tucker, Tim Rogers, Paula Lamay, Jane Long, Beverly Driscoll, Sarah Marich, Cynthia Cooper, and Myrtle Epps.



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